

# BEFORE YOUR SURGERY

Eye-Q Vision Care Surgery Center

## Before Surgery Instructions

- **Pre-Operative Eye Drop Medications:** Please refer to the instructions you received from your surgeon.
- Do not eat or drink anything including water, mints or gum after midnight or 8 hours prior to your scheduled arrival time.
- You will be advised if you are to take any of your medication the day of your surgery.
- If you experience any health changes between your most recent visit to your surgeon and the day of surgery, please notify your surgeon. Please report even minor changes, such as an elevated temperature, cough or cold.
- If you suspect you are pregnant please notify your surgeon. Anesthesia & medications may be harmful to the developing fetus.
- Leave your jewelry and other valuables at home.
- You will not need to fully undress, unless you are undergoing general anesthesia. Wear a loose short sleeve shirt and loose fitting pants, such as sweatpants, and comfortable shoes. Please do not wear hair pins, make-up or facial moisturizer.
- Arrange for an adult to be at the surgery center during surgery and to drive you home. Your ride **MUST** remain at the center. You should also arrange to have someone stay with you for the first 12 hours after surgery.

- Limit the number of people who accompany you to the center. To maximize the comfort of all visitors, we suggest that adult patients be accompanied by only one person. However, we do welcome both parents of the pediatric patient.
- If your child is having surgery, feel free to bring his favorite stuffed animal or security blanket for added reassurance.
- 2-3 days prior to surgery, a nurse from the surgery center will call you and verify your medical history and give you pre-operative instructions. If you have not received this phone call one week prior to surgery, please call the surgery center at 389-5722 between 7:00am & 3:00pm.