After Surgery Instructions

- You may not drive yourself home after surgery. A family member or friend must drive you home.

- Eat a light diet for the first 24 hours after surgery.

- It is advisable that you have a responsible adult with you for at least 3 hours after sedation and 24 hours after general anesthesia.

- Follow any specific home care instructions you receive after your surgery.

- The medical staff will discharge you when they are assured you are in stable condition. However, you could still feel sleepy, slightly dizzy, or nauseated. These are possible and normal side effects of anesthesia and can last for 12-24 hours.

- Wait at least 12 hours after you arrive home to:
  
  Drive
  Operate any equipment
  Sign any important documents
  Drink an alcoholic beverage
  Take any medicine not prescribed or acknowledged by your surgeon

- If any problems occur after you arrive home you can call our office 24 hours/day at 486-2000 for assistance.